WUM First Medical Aid Programme:

- 1. Completion of e-learning courses via the lecturio.wum.edu.pl website:
 - a. WUM First Medical Aid part 1:
 - i. Basic Life Support (BLS) Introduction
 - ii. BLS algorithm
 - iii. Basic Life Support: AED Automated External Defibrillator
 - iv. Special circumstances of cardiac arrest: Introduction and burns
 - v. Special circumstances of cardiac arrest: electric
 - vi. Special circumstances of cardiac arrest: drowning
 - vii. Special circumstances of cardiac arrest: hypothermia
 - viii. Anaphylaxis
 - ix. Special circumstances of cardiac arrest: pregnancy
 - x. Foreign Body Airway Obstruction (FBAO)
 - xi. Paediatric Basic Life Support (PBLS)
 - b. WUM First Medical Aid part 2:
 - i. Management of an unsconscious person
 - ii. Poisoning: Introduction
 - iii. Poisoning: Initial recognition and management
 - iv. Alcohol intoxication
 - v. Mushroom poisoning
 - vi. Detergent poisoning
 - vii. Paracetamol overdose
 - viii. Cardiovascular emergencies (includes bleeding)
 - ix. Seizures
 - c. WUM First Medical Aid part 3:
 - i. Ethics of resuscitation with elelments of history
 - ii. The "bad" BLS by Mr Bean
 - iii. Death concerns for first aid
 - iv. The magic of a simple checklist in medicine by Atul Gawande
- 2. MS teams lecture 26.05.2020/27.05.2020/28.05.2020/29.05.2020 12:30-14:30
- 3. Completion of nursing elements via lecturio.wum.edu.pl platform:
 - a. Safe use of equipment (Nursing)
 - b. Understanding drug labels (Nursing)
 - c. Dosage calculations in a nutshell (Nursing)
 - d. Medication administration (Nursing)
 - e. Non-pharmacological comfort interventions (Nursing)
 - f. Blood and blood products (Nursing)
 - g. Central venous access devices (Nursing)
 - h. Parenteral/intravenous therapies (Nursing)
- 4. Test in first aid: 20 questions with single best answer: based on first aid materials 03.06.2020.